

FREE & OPEN TO THE PUBLIC

# YOUTH MENTAL HEALTH & RESILIENCY SUMMIT

May 4, 2023 | 6 PM

First Presbyterian Church  
800 S. Enota Drive NE  
Gainesville, GA

## KEYNOTE: CALEB CAMPBELL

Caleb Campbell is a West Point graduate, former Army Officer and ex-NFL Linebacker. Despite living out his childhood dream and having a life that many would envy, Caleb has endured profound internal struggles and become a leading mental health advocate for teens and students.

## Learn what you can do to support youth and build a more resilient community

Participants will be inspired by the personal story of a sought-after keynote and receive training based on the Community Resilience Model (CRM). CRM is a framework developed to help individuals and communities develop skills and strategies to cope with and recover from traumatic events, disasters, or other stressors. The model was developed by the Trauma Resource Institute, and it is based on the idea that resilience is a dynamic process that involves the interplay between individuals, families, and communities.

The CRM is a community-based model that emphasizes collaboration, empowerment, and self-care. It has been used in a variety of settings, including schools, healthcare organizations, and disaster response efforts, to help individuals and communities build resilience and cope with stressors.

 Northeast Georgia Health System



United Way of Hall County



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